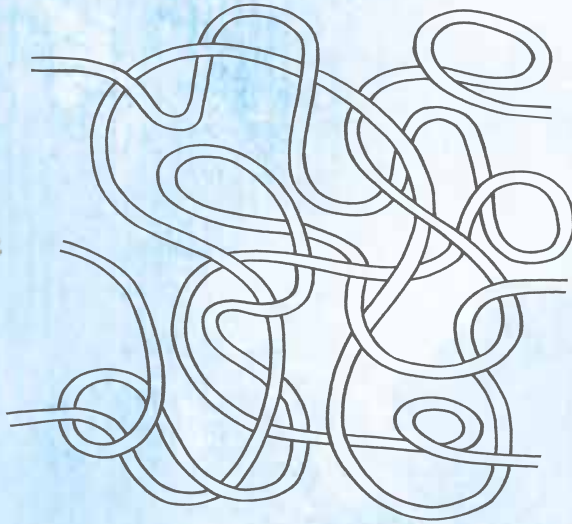


# HEALTHY FOODS HELP MY BODY IN DIFFERENT WAYS!



## WHAT TO DO:

1. Follow the path to see what part of your body the food helps