

1st day - Friday 23 June			
16:40	100m - B	M	1st heat
16:45	100m - B	M	2nd heat
16:54	100m - B	M	3rd heat
16:50	Long Jump (local)	M	
16:58	High Jump (local)	W	
17:02	100m - B	W	1st heat
17:07	100m - B	W	2nd heat
17:12	100m - B	W	3rd heat
17:14	4. Long Jump (local)	M	
17:22	4x400m - B	M	
17:31	4x400m - B	W	
17:48	400m H	M	1st heat
17:54	400m H	M	2nd heat
18:04	400m H	W	1st heat
18:10	400m H	W	2nd heat
18:20	100m	M	1st heat
18:26	100m	M	2nd heat
18:32	100m	W	1st heat
18:38	100m	W	2nd heat
18:48	400m	M	1st heat
18:55	400m	M	2nd heat
19:02	400m	W	1st heat
19:09	400m	W	2nd heat
19:19	100m H	W	1st heat
19:26	100m H	W	2nd heat
19:36	110m H	M	1st heat
19:43	110m H	M	2nd heat
19:52	200m	M	1st heat
19:58	200m	M	2nd heat
20:04	200m	W	1st heat
20:10	200m	W	2nd heat

2nd day - Saturday 24 June			
13:54	Hammer Throw	W	Final
13:58	Pole Vault	W	Final
14:01	Shot Put	M	Final
14:09	400m H	M	Final
14:19	100m	W	Final
14:29	400m	M	Final
14:39	800m	W	Final
14:44	4. Hammer Throw	W	
14:49	4. Shot Put	M	
15:01	100m	M	Final
15:07	Long Jump	M	Final
15:14	3000m	W	Final
15:30	Discus Throw	W	Final
15:38	400m H	W	Final
15:48	1500m	M	Final
15:56	High Jump	M	Final
15:57	4. Long Jump	M	
16:08	3000m SC	W	Final
16:20	4. Discus Throw	W	
16:33	400m	W	Final
16:42	5000m	M	Final
16:47	Triple Jump	W	Final
17:10	Javelin Throw	M	Final
17:25	4 x 100m Relay	W	1st heat
17:38	4 x 100m Relay	M	1st heat
17:41	4. Triple Jump	W	
17:54	4 x 100m Relay	W	2nd heat
17:57	4. Javelin Throw	M	
18:10	4 x 100m Relay	M	2nd heat

3rd day - Sunday 25 June			
13:00	Hammer Throw	M	Final
13:04	Shot Put	W	Final
13:08	High Jump	W	Final
13:34	110m H	M	Final
13:44	100m H	W	Final
13:47	4. Hammer Throw	M	
13:52	4. Shot Put	W	
14:03	800m	M	Final
14:11	Long Jump	W	Final
14:16	1500m	W	Final
14:27	3000m SC	M	Final
14:42	Discus Throw	M	Final
14:46	Pole Vault	M	Final
15:03	200m	W	Final
15:05	4. Long Jump	W	
15:17	200m	M	Final
15:27	5000m	W	Final
15:29	4. Discus Throw	M	
15:49	Triple Jump	M	Final
15:58	3000m	M	Final
16:13	Javelin Throw	W	Final
16:20	4 x 400m Relay	W	1st heat
16:36	4 x 400m Relay	M	1st heat
16:42	4. Triple Jump	M	
16:54	4 x 400m Relay	W	2nd heat
17:00	4. Javelin Throw	W	
17:13	4 x 400m Relay	M	2nd heat
17:21	Victory Ceremony		